

**Preop stiff knee : which expectations
Soft tissue release**

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Etiology

« Where the hand of the man already put
his foot »

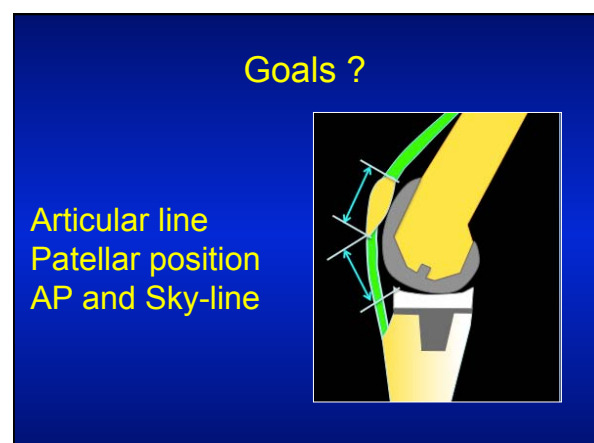
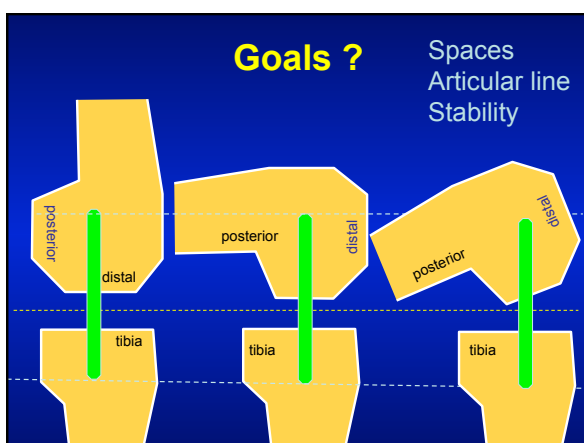
Post-traumatic
Post-osteotomy
Historical arthritis

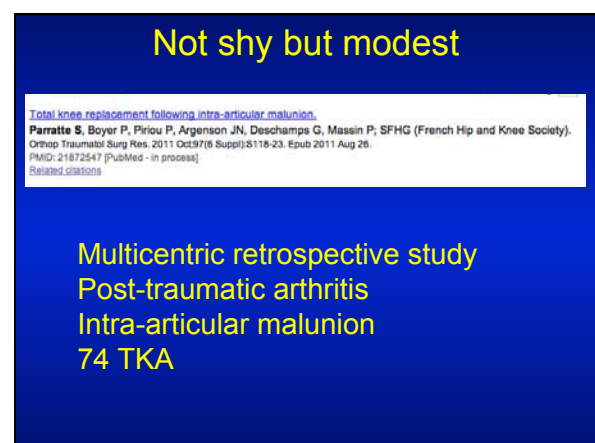
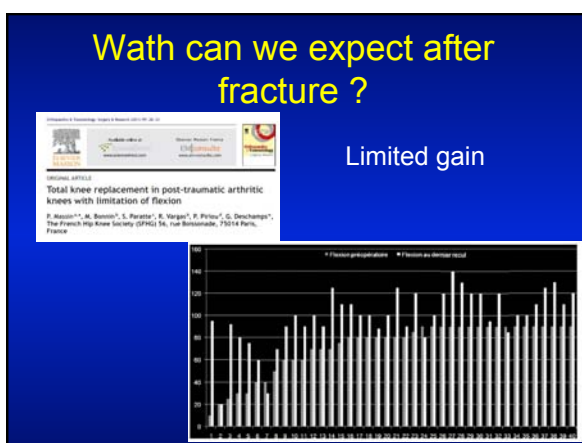
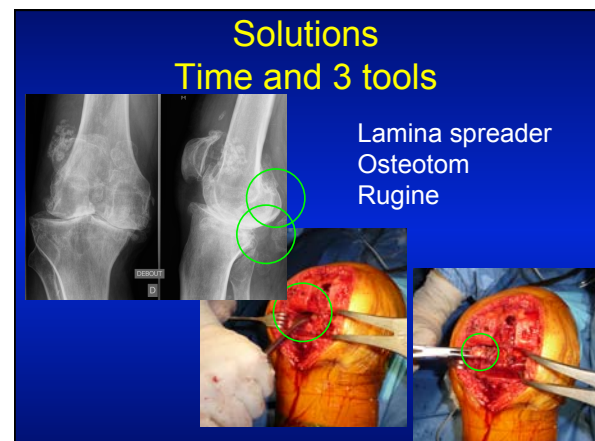
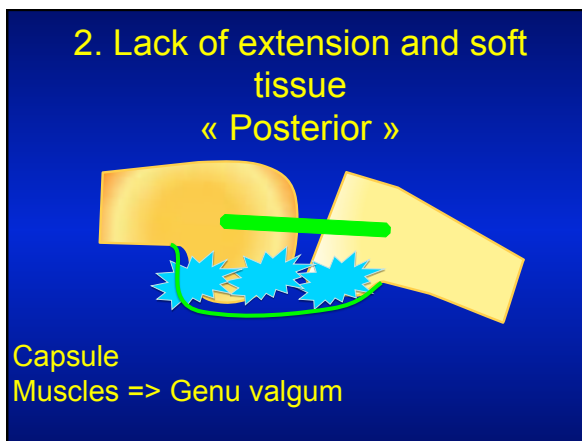
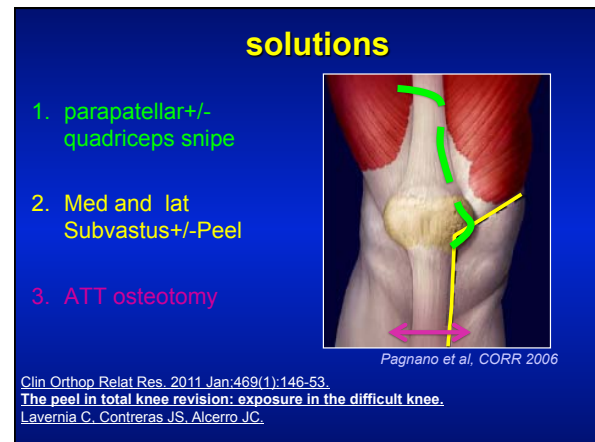
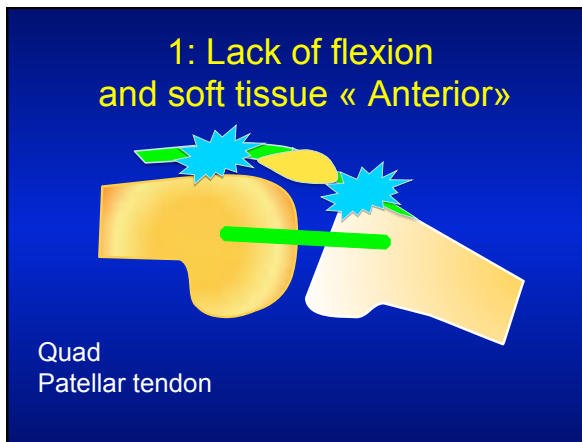
Secondary arthritis
hemophilia, rheumatoid arthritis

TKA Basic

“Just enough but not too much ”

- **Mobility** → Constrains
- **Stability** → Best compromise
- **Alignment** → Augment and stem
- **Fixation** →





Surgical technique

Specific action for the stiffness

- **Bone: 12% (10/74)**
 - 7 distal femoral cut
 - 2 on tibial cut
 - 1 tibial slope
- **Soft tissues: 22% (16/74)**
 - 6 posterior arthrolysis
 - 6 lateral retinaculum section
 - 2 MCL release and one lateral
 - 1 Judet

Arthroplastie du genou sur cal vicieux intra-articulaire

Complications

23/74 => 31% :

Avulsion of patellar tendon : 4 cases

Infections : 4 cases

Stiffness : 5 cases

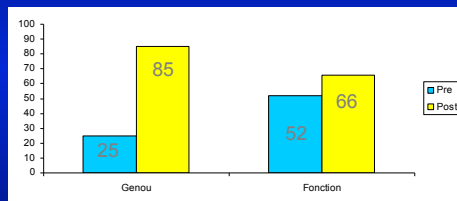
Instability: 1 cas

Aseptic loosening : 1 case



Arthroplastie du genou sur cal vicieux intra-articulaire

Clinical results IKS Knee and Function scores



Arthroplastie du genou sur cal vicieux intra-articulaire

Which expectation after infection

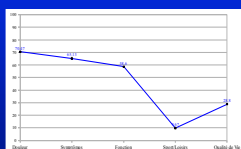
- 57 TKA staphylococcus infection
- Minimum five years
- Age: 71 ± years
- 26.3% multiple surgeries (mean 3.53)
- Multiple risk factors +++

Functionnal results

Knee Society score

- Knee : 56.3
- Function : 50.3

KOOS



SF 12 MCS	56.7
SF 12 PCS	36.5

Aseptic Revision

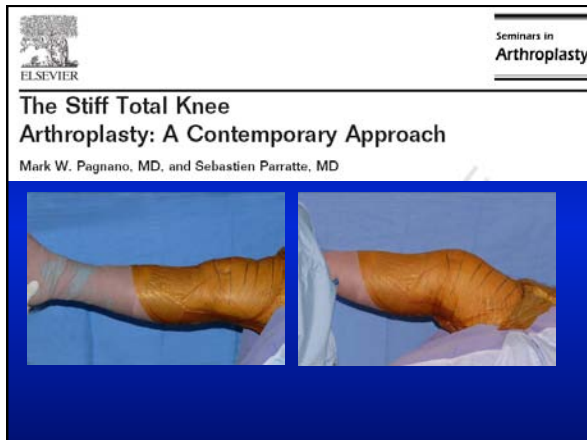
This work was performed at the Orthopedic Institute at Mercy Hospital, 3650 S Miami Avenue, Suite 400, Miami, FL 33133, USA.
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Femoral component coronal (°)	6.29 (± 0.725) ^a	6.66 (± 0.275) ^a
Femoral component sagittal (°)	1.6 (± 1.19) [†]	0.74 (± 0.356) [‡]
Tibial component coronal (°)	1.97 (± 0.537) [‡]	0.61 (± 0.263) [‡]
Tibial component sagittal (°)	0.84 (± 1.24) [‡]	2.92 (± 0.76) [‡]

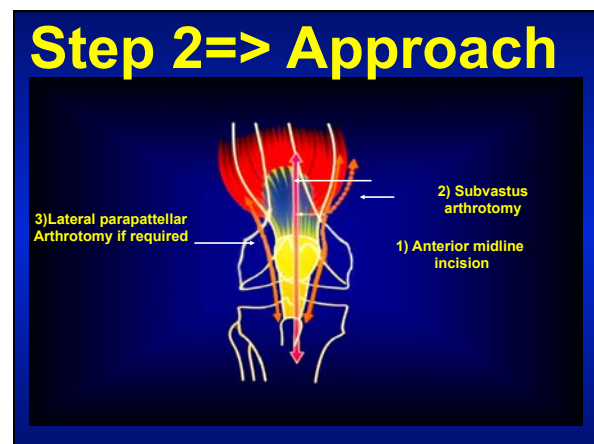
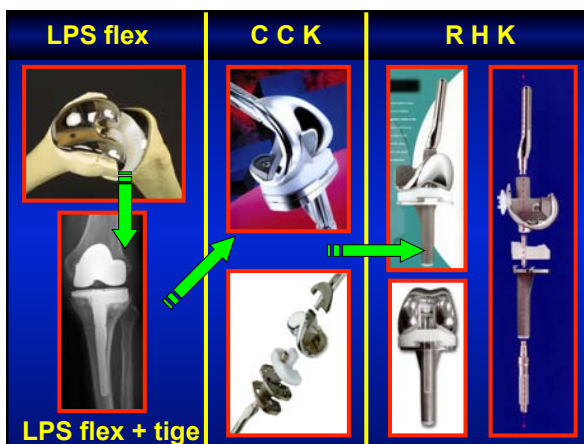
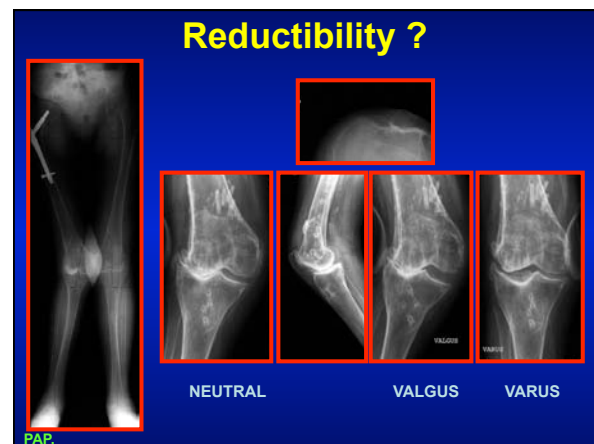
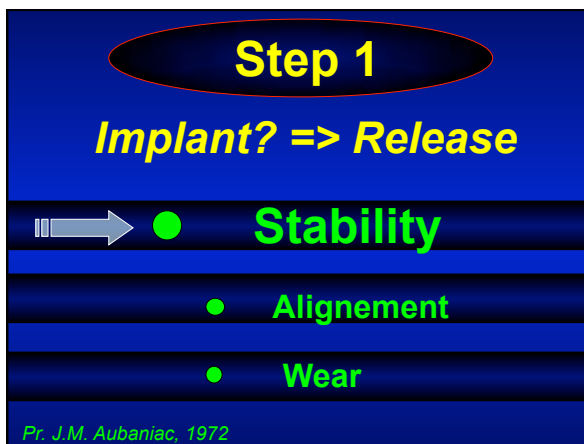
Values are expressed as means ± standard errors in parentheses; ^a valgus; [†] flexion; [‡] varus; [‡] posterior; QWB = Quality of Well-Being; KS = Knee Society; HSS = Hospital for Special Surgery.

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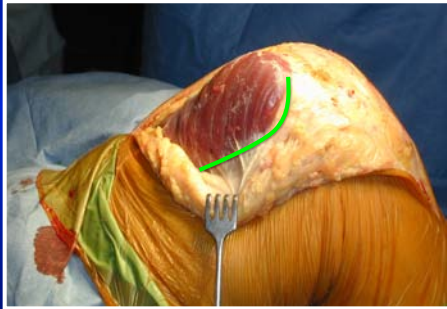


Results of Revision TKA for Stiffness

- Modest gains in ROM and function
- 17- 30 degree improvement in arc of motion
 - Kim et al JBJS 86A, 2004
 - Mont et al. CORR 446, 2006
 - Keeney et al CORR 440, 2005
 - Ries et al CORR 380, 2000
 - Williams et al CORR 331, 1996
- Most knees still can not flex > 90 degrees
 - Haidukewych et al J Arthroplasty 20, 2005
 - Christenson et al J Arthroplasty 17, 2002



Subvastus Arthrotomy : « follow the yellow ligne »



Approach

Subvastus + work in extension and then flexion



Exposure

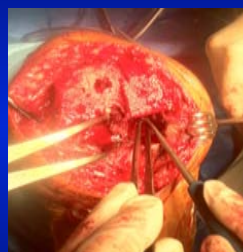
Notch soft tissue
Release
Cut everything



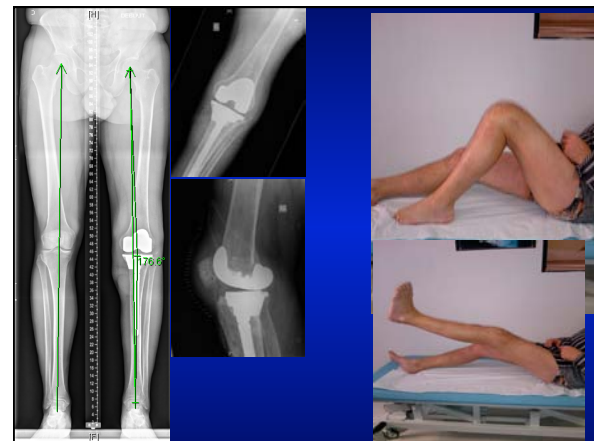
Cuts remains essential



After the cuts



• Posterior release





Conclusion

- Not shy but modest and prepared to the worst
- Frontal, sagittal and axial release
- Soft tissues ⇔ implant choice
- Stability is also a key factor

